

**POLICY NAME: K43 Training Centre Administering Medication Policy** 

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**CONTROLLING BODY: K43 Training Centre – Managing Director** 

Due to NSW law we are not able to keep any medication on the premises for use by gymnasts or visitors with the exception of all standard first aid and emergency asthma puffers.

Painkillers such as Panadol, paracetamol, Nurofen etc are not to be distributed or administered by coaches or staff. It is also against the law for K43 to give painkillers to staff members without strict control.

Do not give any medication to any child without the correct documentation. Please be aware that there are to be no exceptions.

If a child is unwell and asks for assistance we are to manage the situation with the following steps.

- Calm the child and always show compassion
- Try to contact the parent/s or nominated contact
  - If you are unable to contact the parent/s or nominated contact find somewhere quiet for the child to sit until the parent/s arrive
  - If we are unable to contact the parent and the illness becomes serious notify a senior staff member.

- If you are seriously worried for the welfare of any child and cannot find a parent or other help call for emergency assistance
- In the event of any neck, spine, back or severe injuries call an ambulance.
- Ensure that the parent/s or carer is made aware of the incident.
- WRITE IT IN THE BOOK

Remember we all have a duty of care and it is always better to exercise caution.

Please be aware that our membership form and statement asks for any medical conditions to be declared but there are always changes in the health of children. Be responsible, think and react in a sensible and professional manner.

If we are required to assist with a particular medical condition please make sure that the parents complete and authority form.

NO FORM, NO MEDICATION. NO EXCEPTIONS.

Acknowledgement the K43 Training Centre Administering Medication Policy are modelled on other affiliated Clubs policies.