



# k43 Training Centre Party Guidelines



At k43 we endeavour to make your party a relaxed, fun time for all guests and most of all an epic time for the Birthday Child.

## Guidelines for Party Venue Hire

You are more than welcome to come 20 minutes before your party set up time to decorate, organise any food or other requirements. We supply plates, tablecloths and napkins for all parties.

The session time of your party is the time the k43 Party will commence so before this time no birthday guests are allowed on the equipment or floor.

Please assist us in this as we need the children to be supervised at all times when on the floor and equipment during the party. Parents of the children need to sign a Waiver at drop off. The Waiver will need to be signed for all birthday guests.

QR Code for Waiver for Parents of Birthday Guests to Sign and bring to the Party.



## k43 Party Dos and Don'ts

1. In 2024 we at k43 are being more mindful of the excessive rubbish being generated so we ask no plastic plates be used and please bring catering in Tupperware as much as possible.
2. At the commencement of the party all the Rules of the Centre will be explained and we would appreciate for your children that these rules be abided by.
3. As an affiliated club of Recreational Gymnastics Australia we follow the ratio of coach to children guidelines for parties. If you wish to have more coaches or a specific coach this will need to be arranged and can incur an extra cost.

4. At k43 we always have an accredited Coach on the floor with assistant Coaches. Our accredited coaches need to be 18 years and over.
5. The party at k43 will have a structured games and obstacle circuits or gymnastic circuits with your birthday guests with options of lesson style assistance for your birthday guests. We also have open play time too.
6. Each party rolls differently and we work with the individual party needs.

### **k43 Party Dos and Don'ts**

1. We recommend whether self catering or catered that your guests sit down to eat approximately after 1 hour 15minutes of activities. The record for children eating the fastest is 7minutes before going back out on the floor.
2. We like to do the group photos either at the beginning of the party or just before eating so it is captured with happy children.
3. If you would like some extra shots of your children our Manager is an ex Professional Photographer and we can assist with photos, but mobile phones are now great quality for this as well.
4. We do ask your birthday guests to bring their own shoes and socks for the running of the Warped Wall.
5. PLEASE at all times do not ALLOW the children to randomly run the Wall as we do a safety talk on how to run the Wall. They will have plenty of opportunities to practice safely on the soft Wall set up with the Obstacles on the floor.
6. One of our important rules is no DRINKS or FOOD is allowed on the Ninja equipment or Gymnastics Floor or Black Floor at anytime. We also ask the children to finish what they are eating before returning to the equipment and floor area.
7. With your birthday guest Parents they are more than welcome to stay and participate in the party.
8. Birthday Cake time is to be done 15 - 20 minutes before departure so the children can eat and receive lolly bags and depart. If there is time, the last minute play on the floor is allowed.
9. Lastly and most importantly we do have Parties running after each other and we now are being very strict with finish times. If your party finishes at 12pm, 2.30pm or 5pm we ask you have all your Parents and Birthday guests leave the table area so the staff can setup and clean for the next party. Your Parents and guests are welcome to stay longer in the rear near the Garage door to socialize.

Extra Siblings of the Birthday kid guests are no longer allowed on the Equipment unless the Party Host and the Staff are notified. We have Insurance guidelines to adhere too and we need to know whether an extra child is on the floor at the time of the party, due to safety concerns. If your Guests arrive with a sibling of the birthday invited guest then they will need to either mind their child on the side or they will have to pay for the sibling to be on the floor during the duration of the party. The cost of extra Siblings using our equipment for the duration of the party is \$11 for under 3 years. We classify extra Siblings as children not included in the Birthday guests list.

We have had issues with this and it is something we would appreciate you as the Party Host be mindful of.

Thank you for Booking your Party with k43 we wish for a fun Birthday Party for all and if you have any constructive feedback to improve our services we are happy to take this onboard.

From the k43 Team



### **Whole Pizzas from local supplier**

- Please provide the catered number for guests as close to the date as possible
- DRINKS Water and Popper Fruit Juices are also provided

## **CATERED MENU**

### **Fresh Seasonal Fruit plates and Chips**

- Fruit choice will be seasonal availability
- Assorted Savoury chip bowls

### **Dietary Requirements**

- Please notify us of any special requirements
- We currently only Cater for the Birthday Guests of the child's party

k43 Training  
Centre

**Let's have a blast at k43!!**

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Email us at [k43party@gmail.com](mailto:k43party@gmail.com) for any concerns or suggestions.